

Stay updated × its

Thanks to notifications with the latest articles!

user. Not now Allow



ADVERTISEMENT



TRAVELER | **DIRECTIONS** | COUNTRY HIGHPOINTS. THE BROTHERS ARE THE FIRST TO REACH THE HIGHEST MOUNTAIN PEAKS IN 196 COUNTRIES



**Stay updated**

Thanks to notifications with the latest articles!

user.

Not now

Allow

Country Highpoints. The brothers are the first to reach the highest mountain peaks in 196 countries

11/06/2022 | MAGDALENA BRYŚ

SHARE:

Eric and Matthew Gilbertson set themselves the goal of reaching the highest mountain peaks in every country in the world. They want to do it first. They told the editorial office of national-geographic.pl about the Country Highpoints project

In this article:

1. [Country Highpoints. What is a travel project?](#)
2. [Brothers on their way to the highest mountain peaks in the world](#)
3. [Mountain climbing in Poland](#)

ADVERTISEMENT

The brothers' passion for climbing and mountains has been going on since childhood. **It started with family trips to Big Smoky Mountains National Park (a mountain range in the Appalachian Mountains)** . Later, while studying at the Massachusetts Institute of Technology (MIT), they joined the MIT Outing Club. As students, they jointly organized hiking trips to the mountains.



Stay updated ×

Thanks to notifications with the latest articles!

user. Not now Allow



Country Highpoints. What is a travel project?

They were inspired by the travel experiences of other club members. Then they made a decision about their first, serious challenge. Twins to the tops was about **reaching the highest peaks in all 50 states of North America** . The project took them 5 years. **They were the first to do so.**

Reaching new peaks was a natural direction for them. Matthew and Eric also published two books. The first is about climbing the highest mountains in all 50 US states. The second is about their adventures, including trekking along the Appalachian Trail.

twinstothetops

1,521 followers

[View profile](#)

[View more on Instagram](#)

5 likes

Add a comment...

ADVERTISEMENT

Stay updated ×

NATIONAL GEOGRAPHIC POLSKA

Thanks to notifications with the latest articles!

user. Not now Allow



As part of the Country Highpoints project, Eric and Matthew Gilbertson have already climbed half of the highest peaks in all countries in the world. They started their adventure in May 2010 from reaching Denali, the highest peak of North America.

Eric recently reached his 135th summit ([K2 in Pakistan](#)). Matthew has 97 peaks to his name. He has slowed down the pace of traveling and climbing a bit because he recently became a dad. However, he ensures that he will continue the project. **He has already completed all the summits of European and North American countries.**

Eric scored K2 with his colleague Andreas Ritzau Frydensber. They did not use the Sherpas' support while climbing. They also did not support themselves with additional oxygen.

Brothers on their way to the highest mountain peaks in the world

Traveling and climbing are expensive hobbies. However, the brothers have their own **ways of making low-budget expeditions**. They book flight tickets in advance. They also save on grocery shopping and accommodation.

REKLAMA

As MIT PhD students, they have traveled the world frequently, attending international scientific conferences. Thanks to this, they were, among others in Brazil, China and Germany. They had the opportunity to reach peaks there, also in neighboring countries.

Eric Gilbertson told Magdalena Bryś about the Country Highpoints project. - Peak bagging (reaching peaks from a specific list - editorial note) we got interested in undergraduate studies. We like to travel and our goal was to visit every country. **So we decided that our next project would be climbing the highest peaks in the world. It gave us a good excuse to visit countries and, additionally, to climb on site** , he says.

Elbrus summit of Europe or Asia? Controversy around the highest



Stay updated

Thanks to notifications with the latest articles!

user.

Not now Allow

The Caucasus and interesting facts about it

Mountain climbing in Poland

The brothers also visited Poland and conquered Rysy. - The Tatras are beautiful and remind us of the North Cascades mountains located in the northern part of Washington. Unfortunately, we only spent a few days there as we climbed the peaks in Europe. We entered Rysy from the side of Slovakia. It had been raining all day so we just tried to walk fast to warm ourselves then. **The next day we climbed the Slovak side in the Tatras and we could see more peaks. They were very impressive. We will definitely want to come back to Poland someday** - says Eric Gilbertson.

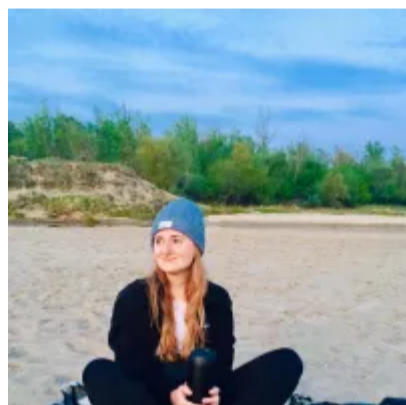
ADVERTISEMENT



Na razie braciom trudno jest przewidzieć, kiedy skończą projekt. – **Przez ostatnie 12 lat zdobywaliśmy średnio około 11 szczytów rocznie.** Zrobiliśmy już kilka najtrudniejszych, między innymi w Pakistanie, Afganistanie i Kirgistanie. Jednak wiele trudnych punktów nadal pozostaje na naszej liście do zdobycia. **Największa przeszkoda może mieć charakter polityczny. Na przykład szczyt Bhutanu jest obecnie zamknięty dla wspinaczki.** Niektóre kraje nadal mają pandemiczne ograniczenia dla turystów – mówi Eric.

Wyprawy braci można śledzić na oficjalnej stronie projektu Country Highpoints. Lista wszystkich szczytów znajduje się na stronie Peak Bagger.

O autorze



Magdalena Bryś

Enthusiast of ultra running, long-distance trails and sports photography. He likes to write and talk to people who take up various challenges, incl. sports and quite extreme ones to get to know their motivations and actions.

Quizzes

Repetition of geography lessons. Check how much you remember from school [QUIZ]

Questions 1 | 12

The longest river in the world is ...

- Nile
- Yangtze
- Amazon

**Stay updated**

Thanks to notifications with the latest articles!

user.

Not now Allow

SHARE **SEND**

[Ciekawostki o Francji – odkryj najciekawsze informacje o życiu, historii i kulturze francuskiej](#)

[Ciekawostki o Litwie – poznaj mało znane fakty na temat naszego sąsiada](#)

[PREVIOUS ARTICLE](#)[NEXT ARTICLE](#)

SEE ALSO

[DIRECTIONS](#)

NOVEMBER 7, 2022

[Interesting facts about Mexico - Learn the most interesting information about Mexican culture and history](#)

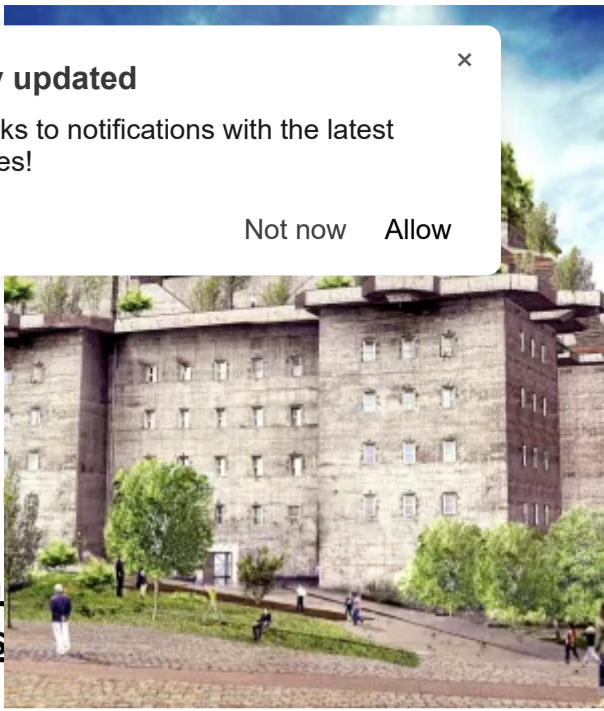
Stay updated ×

Thanks to notifications with the latest articles!

user. Not now Allow

DIRECT

Green
port is



6/2022

gest
ure

DIRECT

Interes
little-k



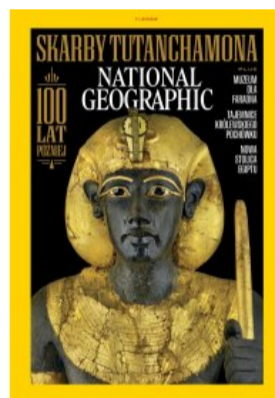
6/2022

arn
or



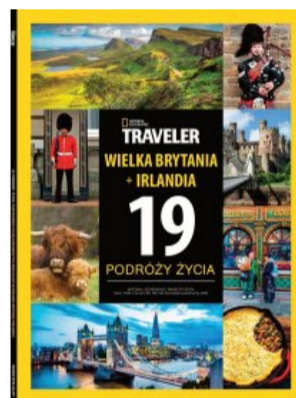
Traveler 11/2022

KUP TERAZ



National Geographic 11/2022

KUP TERAZ



TRAVELER EXTRA 3/2022 Wielka Brytania i Irlandia

KUP TERAZ


ORDER A SUBSCRIPTION

CULT STORE

EDITORS RECOMMEND



Stay updated ×

 Thanks to notifications with the latest articles!

user. Not now Allow

SINSAY

Comfortable
lined Sports
sweatshirt!

Now on sale!

SINSAY

Snow boots Perfect for
a trip to the mountains!

Check!

SINSAY

The most fashionable
sweatshirts of this
season!

Now on sale!

LOOK

LOOK

LOOK

LOOK

ADVERTISEMENT

THIS WILL ALSO INTEREST YOU

SUBSCRIBE TO THE NEWSLETTER

Find out more about the world and stay up to date with our information, tips, competitions

Enter your e-mail address

SIGN UP

ADVERTISEMENT



MOST POPULAR

Stay updated ×

Thanks to notifications with the latest articles!

user. Not now Allow



DIRECTIONS

The safest countries in the world. See how Poland fared against other countries



TIPS

Lesser-known hand gestures - examples and their meaning. Which ones to use, which are better to avoid?



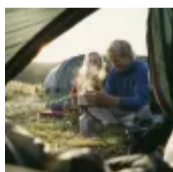
DIRECTIONS

The largest ship in the world was commanded by a Pole. What is the history of the unit?



DIRECTIONS

Macedonia - attractions of the Balkan republic of the sun. 5 things to see in North Macedonia




TIPS

Camping in Poland. What should we remember when pitching a tent? [Traveler's guide]

REKLAMA



Stay updated ×

 Thanks to notifications with the latest articles!

user. Not now Allow



OUR INITIATIVES

"CAPTURE THE INFINITY" COMPETITION

LOOK


GREAT PHOTO COMPETITION

LOOK

15. EDITION OF THE TRAVELER COMPETITION

CHECK

Stay updated ×

 Thanks to notifications with the latest articles!

user. Not now Allow

FIND US ON



TRAVELER 11/22

TRAVELER magazine is available at Kultowy.pl with free delivery. Coming soon editions.

BUY A MAGAZINE



SUBSCRIBE YOUR TRAVELER

Order one of the TRAVELER packages and receive the magazine straight to your home every month

ORDER A SUBSCRIPTION

ADVERTISEMENT



Stay updated ×

Thanks to notifications with the latest articles!

user. Not now Allow



NATIONAL GEOGRAPHIC

- SCIENCE
- PEOPLE
- NATURE
- HISTORY
- DISCOVERIES
- COSMOS
- PODCASTS
- CLIMBING FROM SCRATCH

TRAVELER

- DIRECTIONS
- GO POLAND
- ADVENTURE
- INTERVIEWS
- TIPS
- TRAVELER'S TEST
- TASTES OF THE WORLD

EXPLORERS

- PHOTOGRAPHY
- NATGEO CHANNEL
- STORE

- CONTACT
- STATUTE
- PRIVACY POLICY
- GIFT CARDS
- ABOUT THE NATIONAL GEOGRAPHIC COMPANY
- FIND US ON



© 2022 Burda Media Polska Sp. z o. o

- Elle.pl
- Glamor.pl
- Gotujmy.pl
- Ilewazy.pl
- Woman.pl
- Mamotoja.pl
- Modago.pl
- Mojegotowanie.pl
- Mojpieknyogrod.pl
- Party.pl
- Polki.pl
- Przyslijprzepis.pl
- Viva.pl
- Wizaz.pl